

Surf City Beach Patrol 2010 Pre-Season Schedule
(Contact – Mark Dileo 609-516-5822, dileomd@comcast.net)

Lifeguard Try Out

When: Saturday, May 22nd – 12:00 Noon (**new applicants** only)
Sunday, May 23rd – 12:00 Noon (**returning lifeguards** and new applicants if spots available)
Make-up testing on a case by case basis – contact me if you can't make either date.
Try Out: 500m in less than 10 minutes, donning mask, clearing snorkel, retrieving submerged victim
Where: St. Francis Community Center Pool, 4700 Long Beach Boulevard, Brant Beach, NJ 08008

CPR/First Aid Certifications

When: Saturday, May 22nd (1st time class) and Sunday May 23rd (Recertification class) – 2:00PM
(after lifeguard test)
If you require both CPR and First Aid you will need to attend both sessions.
For first aid only you may attend either session. For scheduling conflicts please give me a call or e-mail me.
Where: Surf City Borough Hall, 813 Long Beach Boulevard, Surf City, NJ 08008

Pre-Season Module Training (Mandatory for 1st and 2nd Lifeguards)

When: Saturday, June 5th - 10AM, 1PM (requires a few hours before lunch and a few after)
Sunday, June 6th - 10AM, 1PM (requires a few hours before lunch and a few after)
What: Spinal injury recognition and response, aquatic search and recovery, in-water rescue breathing, first aid in the aquatic environment and local hazards, drowning, scuba diver first aid and a comprehensive first aid review.
Where: Surf City Borough Hall, 813 Long Beach Boulevard, Surf City, NJ 08008
Only 1st and 2nd year guards are required to attend this training Please come ready to swim! All guards are welcome and encouraged to attend as you will have to acquire this training during the first few weeks of the season. Senior guards will be paired with younger guards to administer training.

Pre-Season Training with the Surf City First Aid Squad (required for all Lifeguards)

When: Monday, June 7th – 7PM (this will only require an hour or so)
What: In addition to meeting the Surf City first aid squad this is the first opportunity for the new lifeguards to meet the returning lifeguards. This is also an opportunity for all lifeguards to ask the local first aid squad any questions they may have regarding responses from the previous season. Topics covered will include stabilization and transportation of various injuries, proper oxygen usage, radio procedure, and bloodborne pathogens precautions.
Where: Surf City Borough Hall, 813 Long Beach Boulevard, Surf City, NJ 08008
I would ask that all guards make an effort to make this date. It won't take long and will give us an opportunity not only to review some First Aid procedures and meet the First Aid squad, but it will also be the first time that the entire squad will be together before the orientation meeting.

Orientation Meeting (required for all Lifeguards)

When: Friday, June 18th, 6:30PM (will require an hour or two)
What: Finish up paperwork, pick days off, review beach procedures, discuss lifeguard professionalism and history, and hand our uniforms.
Where: Surf City Borough Hall, 813 Long Beach Boulevard, Surf City, NJ 08008

First Day of the Season

When: Saturday, June 19th, 2009
Where: Surf City Lifeguard Garage, 813 Long Beach Boulevard, Surf City, NJ 08008