

Surf City Beach Patrol 2019 Pre-Season Schedule

(Contact – Mark Dileo 609-516-5822, dileomd1@gmail.com)

Lifeguard Try Out

- When:** Saturday, May 18 – 10:00AM (**new applicants**)
Sunday, May 19 – 10:00AM (**returning lifeguards only**)
- Try Out:** 500m in less than 10 minutes, donning mask, clearing snorkel, retrieving submerged victim
- Where:** St. Francis Community Center Pool, 4700 Long Beach Boulevard, Brant Beach, NJ 08008

CPR/Aid Training (important please ready carefully)

You will have four opportunities to complete your CPR and First Aid requirements through our in-house training dates as listed below. If you cannot obtain valid CPR and First Aid through attendance at the classes listed below you will have to find classes at outside agencies. If you take outside classes please be sure the certification is listed on the “NJ Current Recognized Certifications” located at <http://www.state.nj.us/health/ceohs/documents/phss/rec%20cert%20list%20updated%20aug%202017.pdf>

- When:** Saturday, May 18 – 1PM (CPR or First Aid will be available)
Sunday, May 19 – 1PM (CPR or First Aid will be available)
- Where:** Surf City Municipal Building Council Chamber, 813 Long Beach Blvd., Surf City, NJ

Module Training/CPR/First Aid (mandatory for 1st year Lifeguards)

- When:** Saturday, June 8 - 10AM
Sunday, June 9 - 10AM
- What:** Spinal injury recognition and response, aquatic search and recovery, in-water rescue breathing, first aid in the aquatic environment and local hazards, drowning, scuba diver first aid and a comprehensive first aid review. First Aid will be taught on this day as well. Note that since 1st and 2nd year lifeguards will be doing the module training they cannot do First Aid on this day and will have to take it at the make-up class below.
- Where:** Surf City Borough Hall, 813 Long Beach Boulevard, Surf City, NJ 08008
Only 1st and 2nd year guards are required to attend this training Please come ready to swim so bring swim trunks, goggles, and a towel. All guards are welcome and encouraged to attend as you will have to acquire this training during the first few weeks of the season. Senior guards will be paired with younger guards to administer training.

Orientation Meeting and First Aid with Surf City First Aid Squad

- When:** Friday, June 14th – 6PM
- What:** This is also an opportunity for all lifeguards to ask the local first aid squad any questions they may have regarding responses from the previous season. Topics covered will include stabilization and transportation of various injuries, proper oxygen usage, radio procedure, and blood borne pathogens precautions. The orientation meeting will start after this training.
- Where:** Surf City Borough Hall, 813 Long Beach Boulevard, Surf City, NJ 08008

(Projected) First Day of the Season

- When:** Saturday, June 15th, 2018 – Please be at the Borough by 9:30AM
- Where:** Surf City Lifeguard Garage, 813 Long Beach Boulevard, Surf City, NJ 08008